

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lourens Bester

Has successfully participated & completed the

10KM Prestige Trail Run Series #5 - Bonus Edition

held at Cowhouse Market.

**TIME** 01:01:39

**PACE** 06:09/km

**OVERALL** 29 of 115

**GENDER** 15 of 49

**50 - 59** 4 of 9

24 November 2019, Sun

Date

